

Summer Menu - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Selection of Cereals	Cereals & Yoghurt	Crumpets with Butter	Wholemeal Toast Fingers	Selection of Cereals
Snack	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Vegetable Sticks	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Vegetable Sticks	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma
Lunch	Tomato & Vegetable Wholegrain Pasta	Nacho's & Salsa	Beef Bolognaise & Pasta Shells	Vegetable Pies with Sliced Topped Potatoes with Green Beans	Fish Pie with Sweetcorn & Peas
	Peaches & Pears	Spinach & Chickpea Curry with Rice	Yoghurts	Flapjacks	Greek Yoghurt with Fruit Puree
High Tea	Baked Beans with Bread & Butter	Wholegrain Crackers with Cheese & Ham	Ploughman's	Hot Dog (Sausages) with Potato Salad	Cheese Straws with Salsa & Cucumber
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

*All children's individual needs will be catered for, in partnership with parent's wishes
we also offer a comprehensive weaning menu, please ask for details.*

Summer Menu - Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Selection of Cereals	Wholemeal Toast Fingers	Cereals & Fresh Fruit	Crumpets with Butter	Cereals & Yoghurt
Snack	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Vegetable Sticks	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Vegetable Sticks
Lunch	Melon Slices	Fish in Tomato & Pepper Sauce with Couscous	Beef Chilli & Wholegrain Rice Tortilla Wraps	Spiced Chicken & Boiled Rice	Cheese & Potato Pie with Beans
	Sausages with New Potatoes & Broccoli	Yoghurts	Summer Fruit Crumble	Strawberries & Cream	Seasonal Fruit Salad
High Tea	Rice Cakes with Grated Cheese with Sliced Tomatoes	Wholegrain Chicken & Pasta Salad	Puff Pastries with Cheese, Tomato & Onion with Sliced Peppers	Pitta Pizza's & Homemade Coleslaw	Cream Crackers with Ham & Carrot Batons
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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Summer Menu - Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereals & Yoghurts	Selection of Cereals	Wholemeal Toast Fingers	Selection of Cereals	Crumpets with Butter
Snack	Vegetable Sticks	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Vegetable Sticks
Lunch	Salmon & Pea Risotto	Minted Lamb, Carrots & Peas with New Potatoes	Baked Potatoes with Cheese & Homemade Coleslaw	Garlic Chicken & Broccoli with Couscous	Potato Wedges
	Mini Lemon Cakes	Fresh Fruit Slices	Apricot & Mango with Natural Yoghurt	Yoghurts	Wholegrain Sausage Pasta
High Tea	Cheese Toasties with Sliced Peppers	Falafel Wraps with Carrot Batons	Picnic Tea	Bruschetta with Tomatoes & Salsa	Baked Beans with Crusty Bread Slices
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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Summer Menu - Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Selection of Cereals	Crumpets with Fruit	Selection of Cereals	Cereals & Yoghurts	Wholemeal Toast Fingers
Snack	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Vegetable Sticks	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma	Fresh Fruit Bowl Pear/Apple/Plum/Satsuma
Lunch	Lentil & Broccoli Potato Bake with Peas	Garlic Bread	Cowboy Pie	Roasted Vegetable Pasta	Spicy Pork & Couscous
	Shortbread Biscuits	Tuna & Sweetcorn Wholegrain Pasta	Sliced Pears & Apples	Fruity Ice Lollies	Yoghurts
High Tea	Bagels with Soft Cheese & Carrot Batons	Chicken & Cheese Sandwiches with Sausage Rolls	Wholegrain Pitta Picnic Salad	Toasted Teacakes with Fresh Fruit Platter	Pizza Muffins, Homemade Coleslaw & Cucumber
	Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit

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